

WEDNESDAY

Italian Foundations

You are never too old or too young! You will surprise yourself how easily you will understand and speak Italian implementing Kati's strategies.

- Focus is on the learner.
 - Respect of individual's pace and interest.
 - Emphasis on Communication and conversation
 - Supported learning environment
 - Some basic grammar concepts are introduced to help you understand patterns and will be kept to a minimum.
- Kati was born and raised in Milan and came to Australia ten years ago, and has 7 yrs experience of teaching in Australia
- Wednesday February 8th — March 28th (8 sessions)**
Time: 10.00am - 12.00pm Fee: \$124.00

Italian for Children aged 3-5yrs 12.30-1.30pm

Have your child learn a second language and broaden their opportunities and overall development
Call Kati for more details: 0411 183 892

THURSDAY

Moderate Exercise Training

Would you like to do some moderate exercises In a supportive environment with a group of committed friendly participants regaining their health and well being. Facilitated by a qualified instructor. Offering, Cardio and strength training. Light weights, medicine balls and exercise bands used. New members always welcome.

Thursday February 9th - March 29th
Time: 9.00am - 10.00am Fee: \$6.00 per session
NEW SESSION:
Time: 8.00am - 8.30am Men & Women Welcome
Fee: \$3.00 per session



Playgroup

Playgroup activities. Mothers/Fathers/Grandparents and Carer's welcome. Please bring a piece of fruit to share. Come along and meet new friends and improve your children's social skills. Water and fruit only policy. Tea / Coffee provided for adults.

Thursday February 9th - March 29th
9.15am-10.45am (8 sessions) \$48.00
11am-12.30pm (8 sessions) \$48.00

Fee for each extra child is \$20 per playgroup attended per term

Freehand Drawing & Mixed Media

Have you always wanted to learn how to draw freehand? Get in touch with your creative side - Join Jeannie Laine, acclaimed Peninsula artist, and learn everything you need to know about the basics and beyond in a friendly supportive environment. Improve your drawing skills tap into your past efforts, you may also like to try coloured pencils, charcoal, or pastels. Beginners and Experienced drawers are most welcome!

Thursday February 9th - March 29th
Time: 1.00pm - 3.00pm (8 sessions) Fee: \$80.00
Or \$11.00 per session

THURSDAY

French Foundations 1

To build stable foundations with a basic understanding of the French language and sound system. Using the method *Vite et Bien*, we develop language skills and incorporate them into conversation with Lydie, one of our experienced French tutors.

Thursday February 9th - March 29th
Time: 4.45pm - 6.45pm (8 sessions) Fee: \$124.00

French Foundations 2

To build on from Foundations 1, or for students with a basic understanding of the French language. We continue with the method *Vite et Bien*, to further develop language skills and incorporate them into conversation with Lydie, one of our experienced French tutors.

Thursday February 9th - March 29th
Time: 7-9pm (8 sessions) Fee: \$124.00

FRIDAY

Playgroup

Playgroup activities. Mothers/Fathers/Grandparents and Carer's welcome. Please bring a piece of fruit to share. Come along and meet new friends and improve your children's social skills. Water and fruit only policy. Tea / Coffee provided for adults.

Friday February 10th - March 30th (8 sessions)
9.15am-10.45am \$48.00

Fee for each extra child is \$20 per playgroup attended per term

Twenty Seater Movie House

Classic Films from classic novels. Recapture the golden moments of film and literature from a bygone era! Drinks and light supper served, with sweets and popcorn for the movie experience.

A calendar of events is available from either our website or the office during working hours. Book early to avoid disappointment.

Phone: 97878160

Free BBQ Youth and Parent Support

Free BBQ for parents of teens!

Last Friday of each Month

run by MPSC Youth Workers. Come along and learn about all the fantastic resources for youth and families on the Peninsula. Time:

7pm—9pm at the centre.

Movie / Film making??

Looking for expressions of interest for a class around shooting and producing movies with your video recorder and computer

Spanish Language Classes??

Looking for expressions of interest for anyone who is interested in learning Spanish for travel.

Please call the office on 97878160 to register your interest for either activity!

FRIDAY

Planned Activity Group

Friday Group

Social Support Program for disadvantaged Adults

A person centred approach focusing on activities and outings to keep people connected with society. Please phone Marilyn for more details—eligibility criteria applies.

Each Friday Time: 11.00am - 3.30pm
Eligibility criteria applies. Closed Public Holidays

SATURDAY

Changing Gears - Parenting Teens

A program for supporting parents building trusting and meaningful their relationships with their teenagers.

Do you wish to build trusting and respectful communication with your teenagers?

Do you want to assist your teenagers to become responsible digital citizens in a world in the grasp of social media frenzy Learn how to put strategies in place for developing strong foundations of trust. Navigate and enjoy those "teenage years" with your sons, daughters and grandchildren.

Support healthy relationships and reduce risk taking behaviour with Marilyn and Heather.

1 Day Workshop Saturday 9 am - 4.30pm
Date to be confirmed call office for more details
Fee: \$60.00 per person Conc \$45.00 per person

Ramblers

Saturday afternoon walk with occasional day trips.

Calendar of walks available from the office.

Saturday afternoons – all year round

Annual Fee: \$20

*****PLEASE NOTE*****

Membership for all participants attending activities at the Centre is now a requirement. We have extended our programs in our new facility, enabling us to offer more programs and partnerships with other organisations and service providers and welcome your involvement. There is a Membership cost of \$2 once only joining fee and an annual fee of \$10. Your Membership includes updates on activities, special events in Mt Eliza as well as our own celebrations to events such as our Christmas party. You will also be entitled to hold voting rights at our AGM. This contribution assists in the Centre's wellbeing and keeps you informed of local activities of interest in Mt Eliza with a quarterly newsletter and program brochure with email updates.

eLearning Innovation Grant

Our eLearning Innovations grant was official launched in June 2011 by David Morris MLA. We are now out and about on the peninsula assisting other learn local organisations to build an elearning culture in their daily practices.

Room Hire

We have two rooms for hire at the Centre at very reasonable rates. Also available is an online meeting room—Blackboard Collaborate!

For more details: Please call the office on 97878160 and ask for Kathryn

Mt Eliza Village Neighbourhood Centre

Registration no: A0000267W
ABN 55 602 732 315

Term 1 Program 2012



Connecting with our Community

Office Hours: Mon-Fri 9am-4pm
Contact Details:

Tel: 9787 8160

Fax: 9787 9385

Email: mail@mevnci.org.au

Website: www.mevnci.org.au

Facebook: Like us, Mt Eliza Village Neighbourhood Centre

Blog: http://mtelizavillageneighbourhoodcentre.blogspot.com/

Twitter: @MEVNCI

Post: PO Box 130, Mt Eliza, Vic, 3930
Address: 90-100 Canadian Bay Rd, Mt Eliza

*Connecting the community through the
creation of a culture and awareness,
where people feel valued
and respected.*

Thank You to our supporters:



MONDAY Planned Activity Group

Monday Group

Social Support Program for Older Adults

Offering a strong focus on a person centred approach this program includes activities, lunch and outings. Run in a friendly, homely environment and suitable for those who are experiencing social isolation and/or memory loss. If you are caring for a partner, relative or friend and would like a day of respite please phone for more details—eligibility criteria applies.

Each Monday Time: 10.30am - 3.30pm

Fee: \$8.00 per week Outings: \$11.00

Eligibility criteria applies, Family & self-referrals welcome.

Closed Public Holidays



Basic Beginners Computers—the next step

Are you frightened of computers—Would you like to communicate with family and friends interstate or overseas and don't know how to go about it? We can help you to develop the skills and knowledge to feel comfortable and confident, learning all the computer basics plus internet and email in a friendly supportive environment.

Monday February 6th—March 26th (8 sessions + homework)

Time: 9.30 am - 11.30am Fee: \$85.00

Stories for Life

A series of classes providing participants a forum for sharing their work. Cathy Alexander will encourage writers to read their work, do class exercises and explore homework themes in a supportive environment!

Monday February 6th, 20th, March 5th, 19th
(fortnightly sessions)

Time: 1.00 pm - 3.00pm Fee: \$40 for term
or \$12.00 per session

Job Search Club

Job search club for Secondary Students each Monday afternoon during school term. Free, refreshments provided.

Time: 4.00pm - 5.30pm

Online Microsoft Office 2010 *Online*

The first class will be face to face at the Centre to get accustomed with the online environment and meeting room, then weekly meetings in Blackboard Collaborate where we will discover together the basics of Word 2010, Excel 2010 and PowerPoint 2010 as well as tips and tricks to help you to produce professional looking documents and presentations using workbooks and weekly homework tasks.

Monday February 6th—March 26th (8 sessions + homework)

Time: 7.30pm—9.30pm Fee: \$85.00

Monday Evening Book Group

Calling all bookworms—Do you want to read and discuss a good book? New members are always welcome. Book list available at office.

All year: Fee:\$30 Time: 7.30 - 9.30pm

The First Monday of each month

MONDAY

Mah Jong Club

Whether you are an experienced player or just interested in learning, we would be delighted to hear from you. Our newly formed Mah Jong group meet each Monday evening—new members are always welcome.

Monday January 9th - March 27th

Time: 7pm - 9pm Casual Fee: \$3.50 per session

The History of Art

Looking for an interesting discussion group? Join our exciting new group to listen to a topical podcast together followed by discussion on the second Monday of each month.

Day: Monday February 13th, March 12th & April 9th

Time: 7.30pm - 9.30pm

Fee: \$6 per session



TUESDAY

YOGA

Morning Yoga Beginners

Relax, reduce stress and improve fitness and your Flexibility with Paula our qualified Yoga instructor
Tuesday February 7th - March 27th (8 sessions)

Time: 10.45-11.45am Fee: \$120.00

Yoga – Progressive

Continuing class for students with experience, mixed class. Come along and learn all the yoga basics with Paula our qualified Yoga instructor

Tuesday February 7th - March 27th (8 sessions)
9.00am - 10.30am \$128.00

Venue: All yoga classes to be held in the Mt Eliza Community Hall Meeting Room

Free Youth and Parent Support

We currently have two Youth Workers from the Mornington Peninsula Shire Council at the Centre each Tuesday for support for Young People and their parents and guardians. Please call if you would like to make a time to speak with them for advice, referrals or confidential support.

Youth Group

The Youth Group meet here every Tuesday, organizing exciting events and activities for local young people.

Freeza Committee meets here during term

Tuesday 5pm - 7pm

Steps To A Healthier Mount Eliza—FREE

A walking group for people who want to become fit and healthy through a varied and weekly walk and finishing with a relaxing cuppa and chat at a local Café.

Starting point: Mt Eliza Village Neighbourhood Centre

Tuesdays & Thursdays 8.30am - 9.30am

All Year round including school holiday excluding public holidays. 1st Tuesday of the Month Special Walk Ask at office for schedule.

TUESDAY

The Village Cafe

Looking for somewhere to have morning tea and a chat? Come along and enjoy scones or biscuits with a cuppa and partake in friendly chit chat with good company every Tuesday morning during school terms.

Tuesdays February 7th - March 27th

Time: 10am - 11.30am Fee: \$2.00

Chess Group

Learn all about strategies, tactics and rules in a friendly encouraging atmosphere! Chess group meet each Tuesday morning during school terms. Join Graham to learn all about chess this term! New players always welcome.

Tuesday February 7th - March 27th

Time: 9am-11am Casual Fee: \$3.00 per session

Craft

Enjoy the companionship of others who share an interest in craft. The craft group has been meeting at the Centre for over 25 years and is still going strong!. No matter what style or type of craft you are working on or would like to work on there is always someone to help and guide you.

Join Elizabeth and ladies each Tuesday during school terms. New members are always welcome!

Tuesdays February 7th - March 27th

Time: 1pm - 3pm

Casual Fee: \$4.00 per session



French Conversation Afternoon

For more advanced students, incorporating conversation, grammar, pronunciation and discussion, join Sabine and speak French!

Tuesday February 7th - March 27th

Time: 2-4pm Fee: \$124.00

Growing Your Family Tree

What makes you who you are? Where do you come from? Answer these questions and more as you uncover your past and grow your family tree under the guidance of Anne Burnell who has 25years of experience in genealogy! Discover your beginnings and leave your footprint for those who follow though fortnightly sessions

Tuesday February 7th, 21st, March 6th, & 20th

Time: 7.30pm - 8.30pm Fee: \$45.00

Mums and Daughters -

Women coming together in a friendly safe environment sharing stories, having a cuppa and uniting!

Enjoy guest speakers and sharing new ways of remaining connected with your daughters through their teenage years in a supportive caring environment.

Tuesday February 21st, 28th, future sessions to be decided—check website regularly for more details

Time: 7.30pm - 9.30pm Fee: \$3.50 per session

WEDNESDAY

All of our Computer classes are ACFE subsidised

Personal Computer Support Group

The place to have your computer needs met a friendly supportive environment. Special themes every second week, ie; all about printers, all about the internet / email, digital photos etc.

Wednesday February 8th — March 28th

Time: 9.00am - 11.00am (8 sessions + homework)

Fees: \$6.00 per session

Basic Beginner's Computers

Are you frightened of computers—Would you like to communicate with family and friends interstate or overseas and don't know how to go about it? We can help you to develop the skills and knowledge to feel comfortable and confident, learning all the computer basics in a friendly supportive environment.

Wednesday February 8th — March 28th

Time: 11.30am - 1.30pm (8 sessions + homework)

Fees: \$85.00 Incl Materials

Keeping in Touch

- Simple Computer Skills for those with disabilities

How do you keep in touch and get your information?

Did you realize what a powerful tool the internet is?

Let's us help you to explore the wonders of your personal computer and accessing social networking or information that may be of interest to you



Wednesday February 8th — March 28th

Time: 2.00pm - 4.00pm (8 sessions + homework)

Fees: \$85 Incl Materials.

MAC & iPad Support Group

Would you like to know how to navigate and customise your MAC or iPad? Learn all the basics plus themed topic workshops to be decided by demand and delivered by a MAC specialist.

Wednesday February 8th — March 28th

Time: 2.00pm - 4.00pm (8 sessions + homework)

Fees: \$85.00 Incl Materials.

Oil Painting

Learn how to paint under the watchful eye of renowned peninsula artist John Bredl! - capture mood, movement, light and vastness in land or seascapes. Check out John's latest youtube videos—links on our website:

www.mevnci.org.au

Wednesday February 8th — March 28th

Time: 6.30pm - 9.30pm (8 sessions) Fee: \$240.00

Material List on enrolment for students to bring